



You're Not Just Logging Hours ...

Making the Most of Your Clinical Experiences

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Objectivies

- ✧ Identify Steps That Will Prepare You For a Successful Rotation
- ✧ Discuss Activities to Promote Learning During Your Clinical Time
- ✧ Recognize Behaviors to Ensure You Are Remembered After Your Rotation Has Ended





“To study the phenomena of disease without books is to sail an uncharted sea, while to study books without patients is not to go to sea at all.”

-William Osler

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Prepping for Success

Prepping for Success: Learn the Clinic

- If you are selecting your site, ensure you will see the population & acuity that you need
- Research the providers & their background
- If possible, evaluate the resources that are available
- Ask questions about appropriate dress, what you should bring, etc.



Prepping for Success: Identify Your Goals

- Evaluate your strengths & weaknesses
- Identify what you need & expect to learn during the rotation
- Set *measurable* objectives/outcomes for yourself



Prepping for Success: Meet With Your Preceptor

- Provide your preceptor with a copy of your course syllabus or expected outcomes
- Ask your preceptor if there are specific resources, they prefer you have
 - Apps to download
 - Equipment to bring
- Ask if there are any specific diagnoses, medications, procedures, etc. that you should review prior to starting



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Creating a Meaningful Rotation

Creating a Meaningful Rotation: Stay Engaged

- Be present – make yourself available & seek out *ALL* learning opportunities
- Ask questions
- Do not make this a “*shadowing*” experience
- Take notes:
 - Clinical pearls
 - Reference resources
 - Notes to review
- Be teachable



Creating a Meaningful Rotation: Remember, You're a Guest

- Be friendly – Learn everyone's name
- Always offer to help
- Be a solution, not the problem



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Leaving an Impression

Leaving an Impression: Show Your Appreciation

- Let the staff know *how* they have helped you
- Tell you preceptor what you are taking away from the experience
- Thank you notes



Leaving an Impression: Consider the Future

- Is this a facility you are interested in working at?
 - Schedule a meeting with the medical director or practice manager
- Stay in touch
- Ask about recommended continuing education or certifications





“Success is no accident. It is hard work, perseverance, learning, studying, sacrifice, and most of all, love of what you are doing.”

-Pele

Embrace the Journey

Thank You!

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